



**WHEN IT  
GETS HARD  
WE TRI**

**5K RUN  
20K BIKE  
550M SWIM**

Register in person at Smith Fitness Center starting Jan 2 or online now at Active.com.

Pre-registration Jan 2-May 17, \$50 individuals, \$70 team (2-3 people). Late registration \$70 individual, \$90 team.

For more information email [lori.m.smith38.naf@mail.mil](mailto:lori.m.smith38.naf@mail.mil)



UNITED STATES ARMY  
650 FORT BENNING, GA 31818  
Sports - Fitness - Aquatics

**MAY 19, 8AM**



**REVERSE SPRINT TRIATHLON**  
2012