

Dance Force Class Schedule

Monday Dance Room	Tuesday Dance Room	Thursday Dance Room
3:15-4:00 Pre-Dance Beg. 3-4 years old	3:00-3:45 Pre-Dance Beg. 3-4years old	10:15-10:45 You and Me, Boys & Girls Creative movement & Imagination
4:00-4:45 Pre- Dance Int. 4-5 years old	3:45-4:30 Pre-Dance Beg. 4-5 years old	11:00-11:45 Pre-Dance Beg. 3-4 years of age
4:45-5:45 Jazz 9 years and up	4:30-5:30 Pre-Jazz 6 years and up	4:00-4:45 Pre Dance Beg 3-4 years of age
5:45-6:30 Int. Tap/Ballet 9 years and up	5:30-6:15 Beg. Tap/Ballet 6 years and up	5:00-5:45 Pre-Dance Beg. 3-5 years of age
	6:15-7:15 Hip-Hop 3 rd grade and up	

CLASSES WILL BEGIN 15 AUGUST

Open House July 28th &
August 10th from 4:00-7:00 p.m.

Proper dance attire and correct dance shoes are required in order to participate in class. Dancewear and shoes can be purchased from Dance Force at Open House. It is important to purchase the right style and color of class attire because some of the items will be used for performances and the end of the year show.

Dance Attire:

Pre-Dance: (\$45.00) cap sleeve pink leotard, pink tights, black tap shoes, and pink ballet shoes. Optional ballet skirt (\$10.00) Hair must be pulled back from face.

Jazz classes: (\$43.00) Black cap sleeve style leotard or Dance Force logo leotard, long black jazz pants (no biker shorts) and black jazz shoes. Hair must be pulled back from face.

Beg. & Int. Ballet and Tap class: (\$56.00) cap sleeve black leotard, black tights, black tap shoes, black ballet shoes, black ballet skirt. Hair must be pulled back from face.

Hip Hop classes: Dance Force t-shirt (\$10.00), comfortable black pants, (no jeans or shorts) and tennis shoes. Hair must be pulled back from face.

Pre-Dance: for children 3-5 years of age geared towards the development of imagination, motor skills, rhythm, coordination, body awareness, and the ability to relate to music. Pre-dance Int. is ONLY for students that have already had a year of pre-school dance or by instructor placement. Technique basics in ballet, tap, stretching and creative movement are all included. Classes are 45 minute in duration.

You & Me Creative Movement and Imagination: for boys and girls 24-36 months with parent or care provider. The class encourages children to have fun as they clap, move to music, and imagine. Instruction is designed to improve body awareness, emphasizing motor skill development, coordination skills, limbering and muscle tone. Children not registered in the class are NOT allowed in the dance room during the class time. No class uniform required.

Pre-Jazz and Jazz, two sections will be offered to children 6-15 years of age based on age, grade level and the ability of the dancer. Jazz will cover the stylized technical form of dance including leaps, turns, dance combinations and performance routines. Dancers need to have had **two years of pre-jazz before taking the jazz class.** Classes are one hour in duration.

Hip Hop: offered to children 3rd grade and up. Hip Hop is a structured form of free style dance often found in music videos and is designed to teach coordination, strength, quickness, agility, and endurance. Classes are one hour in duration.

Beg. & Int. Ballet Tap combo class: class will cover the tap basics and combinations. Ballet will cover the foundation of dance emphasizing barre work, and center floor work. Jazz will NOT be covered in this class. ****Tuesday 5:30 Beginner class is for dancers who are 6 years of age or going into the 1st grade. Monday Intermediate 5:45 class is for dancers that have had beginner ballet/tap for two years, or dancers 9 years and up that are new to ballet and tap.** Classes are 45 minutes in duration