

Dance Force Class Schedule

Monday	Thursday Dance Room	Thursday Multipurpose room
3:10-3:55 Pre-Dance Beg. 3-4 years old	3:15-4:00 Pre-Dance Beg. 3-4 years old	
4:00-4:45 Pre- Dance Beg. 4-5 years old	4:15-5:15 Pre-Jazz 6-9 years	4:15-5:15 Jazz 1 st grade and up
4:50-5:35 Pre-Dance Int. 4-5 years old	5:15-6:15 Tap and Ballet **6 years and up	5:15-6:15 Hip Hop 3 rd grade and up
5:40-6:25 Tap and Ballet **5-7 years old		

Pre-Dance/Creative Movement: for children 3-5 years of age geared towards the development of imagination, motor skills, rhythm, coordination, body awareness, and the ability to relate to music. Pre-dance Int. is ONLY for students that have already had a year of pre-school dance or by instructor placement. Technique basics in ballet, tap, stretching and creative movement are all included. Classes are 45 minute in duration.

Pre-Jazz and Jazz, Ballet Combo Class: two sections will be offered to children 6-15 years of age based on age, grade level and the ability of the dancer. Jazz will cover the stylized technical form of dance including leaps, turns, dance combinations and performance routines. Ballet will cover the foundation of dance emphasizing barre work and center floor work. Classes are one hour in duration.

Hip Hop: offered to children 3rd grade and up. Hip Hop is a structured form of free style dance often found in music videos and is designed to teach coordination, strength, quickness, agility, and endurance. Classes are one hour in duration.

Ballet Tap combo class: class will cover the tap basics and combinations. Ballet will cover the foundation of dance emphasizing barre work, and center floor work. Jazz will NOT be cover in this class. ****Monday 5:40 class is for dancers who are 5 years of age that have had Pre-Dance before or dancers that are 6 years and up that are new to ballet and tap. Thursday 5:15 class is for dancers who are 6 years of age that had Ballet and Tap last year or dancers 7 years and up that are new to ballet and tap.**

Proper dance attire and correct dance shoes are required in order to participate in class. Dancewear and shoes can be purchased by the parents from either Dance Force directly, or area/online stores. You can order dance wear from Dance Force at open house or at scheduled fitting days thru out the year. It is important to purchase the right style and color of class attire because some of the items will be used for performances and the end of the year show.

Dance Attire:

Pre-Dance/Creative Movement: cap sleeve pink leotard, pink tights, optional ballet skirt, black tap shoes, and pink ballet shoes. Hair must be pulled back from face.

Jazz Combo classes: Black cap sleeve style leotard or Dance Force logo leotard, long black jazz pants (no biker shorts or tight angle pants) and black jazz shoes. Hair must be pulled back from face.

Ballet and Tap class: cap sleeve black leotard, black dance pants, black tap shoes, black ballet shoes, and optional black ballet skirt. Hair must be pulled back from face.

Hip Hop classes: Dance Force t-shirt, comfortable pants, (no jeans or shorts) and tennis shoes. Hair must be pulled back from face.

Dance Force Open House Building #117 July 15th and Aug 13th 4:00-6:00 pm
Classes Start August 17th