

**FORT BENNING
CHILD YOUTH SCHOOLS & SERVICES
VOULUNTEER COACHES JOB DESCRIPTION**

1. ORGANIZATIONAL LOCATION:

FAMILY MORALE RECREATION DIVISON
CYS&S SPORTS AND FITNESS BRANCH

2. JOB TITLE

YOUTH SPORTS COACH

3. STATEMENT OF DUTIES AND RESPONSIBILITIES:

**STATEMENT OF DUTIES AND RESPONSIBILITIES CONTAINED IN THIS JOB DESCRIPTION HAS BEEN
TAKEN, IN PART, FROM NATIONAL STANDARDS FOR ATHLETIC COACHES.**

SUPERVISORY CONTROLS

Receives supervision from Sports Director, CYS&S, who (1) provides instructions on limitations, procedures, rules, safety and priority of work; (2) provides guidance on unusual occupancies, deviations from instruction, relying on the incumbent to carry out normal recurring assignments independently; and (3) reviews completed work by spot checking for compliance with procedures, appearance, completeness, and adherence to specific instructions.

MAJOR DUTIES

The primary purpose for the establishment of this job is to: (1) perform a variety of sports related functions support of the CYS&S sports program, (2) be responsible for sports equipment and supplies required for branch activities and operations, (e.g. basketballs, footballs, baseballs, soccer balls and related uniforms and equipment.)(3) Guidelines used consist of SOPs, CYS&S Sports Rules, National Standards of Athletic Coaches, Coaches Code of Ethics, Touch, Child Abuse and Sport supply policies.

1. PERFORMS A VARIETY OF INJURY PREVENTION, CARE AND MANAGEMENT DUTIES:

- a. Prevents injuries by recognizing unsafe playing conditions, (e.g., weather, field and field equipment conditions, ant beds etc.) Ensure that protective equipment is worn as prescribed by CYS&S sports staff. Recognize that proper conditioning and good health are vital to the prevention of athletic injury. Prevent exposure to the risk of injury by considering the effects of environmental conditions. Demonstrate skill in the prevention, recognition and evaluation of injuries. Recognize the physical risk in the sport to be coached. Have knowledge of first aid and CPR.
- b. RISK MANAGEMENT: Understand the scope of the legal responsibilities that comes with assuming coaching positions. Follow safety guidelines and procedures established by CYS&S. Provide proper general and specific supervision of athletes. Inspect facilities and equipment prior to each use and report deficiencies to Youth Services.

2. PERFORMS A VARIETY OF GROWTH, DEVELOPMENT AND LEARNING DUTIES:

- a. Recognize the developmental and physical changes that occur as athletes grow. Know the different stages of social and emotional development of athletes being coached and realize the developmental differences

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that may exist. Provide instruction to develop sport-specific motor skills. Provide learning experience appropriate to the growth and development of the age group coached. Know and be able to teach activities that develop and maintain the basic level of condition needed for the sport.

3. A VARIETY OF SOCIAL AND PSYCHOLOGICAL DUTIES

- a. Recognize that each athlete is an individual with unique needs and treat them accordingly. Organize activities so that all the athletes have an opportunity to develop/maintain a sense of self-worth. Emphasize enjoyment and satisfaction during practice and games. Provide positive encouragement to all athletes on a regular basis. Understand the basic components of good sportsmanship and require athletes to display good sportsmanship at all times. Exhibit self-control and self-discipline at all times. Recognize the effect coach behavior may have on athletes. Model desirable behavior and use a variety of skill appropriate to specific situations.

4. PERFORM A VARIETY OF SKILLS, TACTIC AND STRATEGIC DUTIES:

- a. Know all the rules of the sport and teach them to athletes. Know the basic strategies and tactics of the sport and apply them in appropriate situations. Select strategies and tactics based on age, skill, experience and conditioning level of athletes. Know the rules and regulations concerning participation in the sports program. Strictly enforce the rules of CYS&S especially as they relate to athlete eligibility to participate. Know key elements of effective practice plans; develop daily and weekly plans including a variety of activities and drills.

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**CYS&S COACHES
STATEMENT OF UNDERSTANDING**

I _____, have read this job description and take full responsibility for performing all duties as stated.

Signature: _____

Date: _____