

Dance Force Class Schedule

Monday Dance Room	Tuesday Dance Room	Tuesday Gymnasium
3:30-4:15 Pre-Dance Beg. 3-4 years old	3:00-3:45 Pre-Dance Beg. 3-4 years old	
4:15-5:00 Pre- Dance Int. 4-5 years old	4:00-5:00 Pre-Jazz 6-9 years	4:00-5:00 Jazz 8 years and up
5:00-5:45 Pre-Dance Beg 4-5 years old	5:00-6:00 INT Tap/Ballet 7 years and up	5:00-6:00 Hip Hop 3 rd grade and up
5:45-6:30 BEG. Tap/Ballet **6-8 years old		

Pre-Dance/Creative Movement: for children 3-5 years of age geared towards the development of imagination, motor skills, rhythm, coordination, body awareness, and the ability to relate to music. Pre-dance Int. is ONLY for students that have already had a year of pre-school dance or by instructor placement. Technique basics in ballet, tap, stretching and creative movement are all included. Classes are 45 minute in duration.

Pre-Jazz and Jazz, two sections will be offered to children 6-15 years of age based on age, grade level and the ability of the dancer. Jazz will cover the stylized technical form of dance including leaps, turns, dance combinations and performance routines. Dancers should have two years of pre-jazz before taking the jazz class. Classes are one hour in duration.

Hip Hop: offered to children 3rd grade and up. Hip Hop is a structured form of free style dance often found in music videos and is designed to teach coordination, strength, quickness, agility, and endurance. Classes are one hour in duration.

Beg. & Int. Ballet Tap combo class: class will cover the tap basics and combinations. Ballet will cover the foundation of dance emphasizing barre work, and center floor work. Jazz will NOT be covered in this class. ****Monday 5:45 Beginner class is for dancers who are 6 years of age or going into the 1st grade. Tuesday Intermediate 5:00 class is for dancers that have had beginner ballet/tap for two years, or Int. tap/ballet last year, or dancers 9 years and up that are new to ballet and tap.**

Proper dance attire and correct dance shoes are required in order to participate in class. Dancewear and shoes can be purchased by the parents from either Dance Force directly, or area/online stores. **You can order dance wear from Dance Force at open house or at scheduled fitting days thru out the year.** It is important to purchase the right style and color of class attire because some of the items will be used for performances and the end of the year show.

Dance Attire:

Pre-Dance/Creative Movement: (\$45.00) cap sleeve pink leotard, pink tights, black tap shoes, and pink ballet shoes. Optional ballet skirt (\$10.00) Hair must be pulled back from face.

Jazz Combo classes: (\$43.00) Black cap sleeve style leotard or Dance Force logo leotard, long black jazz pants (no biker shorts) and black jazz shoes. Hair must be pulled back from face.

Beg. & Int. Ballet and Tap class: (\$56.00) cap sleeve black leotard, black tights, black tap shoes, black ballet shoes, black ballet skirt. Hair must be pulled back from face.

Hip Hop classes: Dance Force t-shirt (\$10.00), comfortable black pants, (no jeans or shorts) and tennis shoes. Hair must be pulled back from face.

Open House at the Fort Benning Performing Arts Center

Next to McBride Elementary School on Custer Road

July 20th and August 11th 4:00 pm-6:00 pm