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SUMMER | 2009



# EFMP

## Observer

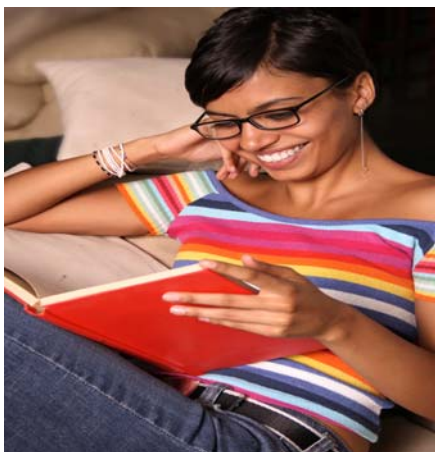
ASSISTING WITH THE SPECIAL NEEDS OF SOLDIERS AND FAMILY MEMBERS.

## What is Respite Care?

The Exceptional Family Member Program (EFMP) respite care is a program that provides temporary rest periods for Military Family members responsible for the regular care of persons with disabilities. Additional Family benefits include:

- Allowing the Family to engage in daily activities thus decreasing their feelings of isolation
- Providing the Family with a period of rest and relaxation
- Improving the Family's ability to cope with daily responsibilities
- Maintaining the Family's stability during crisis situations
- Helping preserve the Family unit
- Making it possible for individuals with disabilities to establish individual identities and enrich their own growth and development

EFMP respite care is based on EFMP enrollment and a application and assessment process to determine eligibility. To learn more about the EFMP respite program or other resources available, please contact the EFMP office at 545-5521 or 545-2679.



## EFMP Respite Night Out

Fort Benning Exceptional Family Member Program (EFMP) invites Military Family members enrolled in the EFMP to take advantage of the monthly Respite Night Out. Respite Night Out is offered twice a month at the Tot Town Child Development Center located on Ft. Benning. Respite Night out allows parents to have time for themselves while their child(ren) are cared for and supervised at a safe location.

To qualify for services your child must be enrolled in EFMP and the Family must complete the required paperwork. Services are provided for children ages six weeks to twelve years of age.

# EFMP Summer Camp



The Fort Benning Army Community Service (ACS) Exceptional Family Member Program (EFMP) held a two week Summer Camp in June for exceptional children. During the camp children were able to go bowling, swimming, and attend a horse camp.

During the horse camp children learned how to feed, groom, and ride horses. Lunch was provided to the children and a movie about horses was played during lunch to learn more about horses.

The children enjoyed the summer camp and received a certificate from ACS EFMP, a attendance appreciation bag, and a book from the horse farm.

## PCSing Tips for EFMP Families



Prior to PCSing with your Family Member, hand carry the following documents to your next command:

- Individualized Education Plan (IEP)
- Individual Family Service Plan (IFSP)
- School Records
- Medical Records/ Medical Information

## Website Resources for Families

Special Needs for Transitioning Families  
Specialized Training for Military Families  
Information for Parents on Autism  
Information for the deaf and hard of hearing  
Medicaid Website  
National Down Syndrome Society  
GA Council for the Hearing Impaired  
Georgia Special Olympics  
Calendar of on and off post events

[www.militaryhomefront.dod.mil](http://www.militaryhomefront.dod.mil)  
[www.stompproject.org](http://www.stompproject.org)  
[www.autismspeaks.org](http://www.autismspeaks.org)  
[www.listen.up.org](http://www.listen.up.org)  
[www.cms.hhs.gov](http://www.cms.hhs.gov)  
[www.ndss.org](http://www.ndss.org)  
[www.gachi.org](http://www.gachi.org)  
[www.specialolympicsga.org](http://www.specialolympicsga.org)  
[www.thebayonet.com](http://www.thebayonet.com)

Please call for local resources offering ABA Therapy. The EFMP also offers **Free** monthly Exceptional Parent magazines. The magazines as well as other resource information are available for pick up at your installation Army Community Service Center, Building 2624, Soldier's Plaza.

## Extended Care Health Option (ECHO)

The Extended Care Health Option (ECHO) is a supplemental program to the basic TRICARE program. ECHO provides financial assistance for an integrated set of services and supplies to eligible active duty family members.

There is no enrollment fee for ECHO, however family members must have an ECHO-qualifying condition, enroll in the Exceptional Family Member Program (EFMP), and register in ECHO through ECHO case managers in each TRICARE region. To learn more about ECHO, please call 1.800.444.5445 or visit the website at [www.tricare.mil](http://www.tricare.mil).



## EFMP RESPITE NIGHT OUT

### Friday Dates

21 AUG 09

Time: 6:30 PM-10:30PM



### Saturday Dates

8 AUG 09

Time: 1:00 PM-5:00PM

For more information on the Exceptional Family Member Program, Respite Care, resource information or questions you may have, please call 706-545-5521 or 706-545-2679. Please visit us on the web at [www.benningmwr.com/acs-efmp.php](http://www.benningmwr.com/acs-efmp.php).