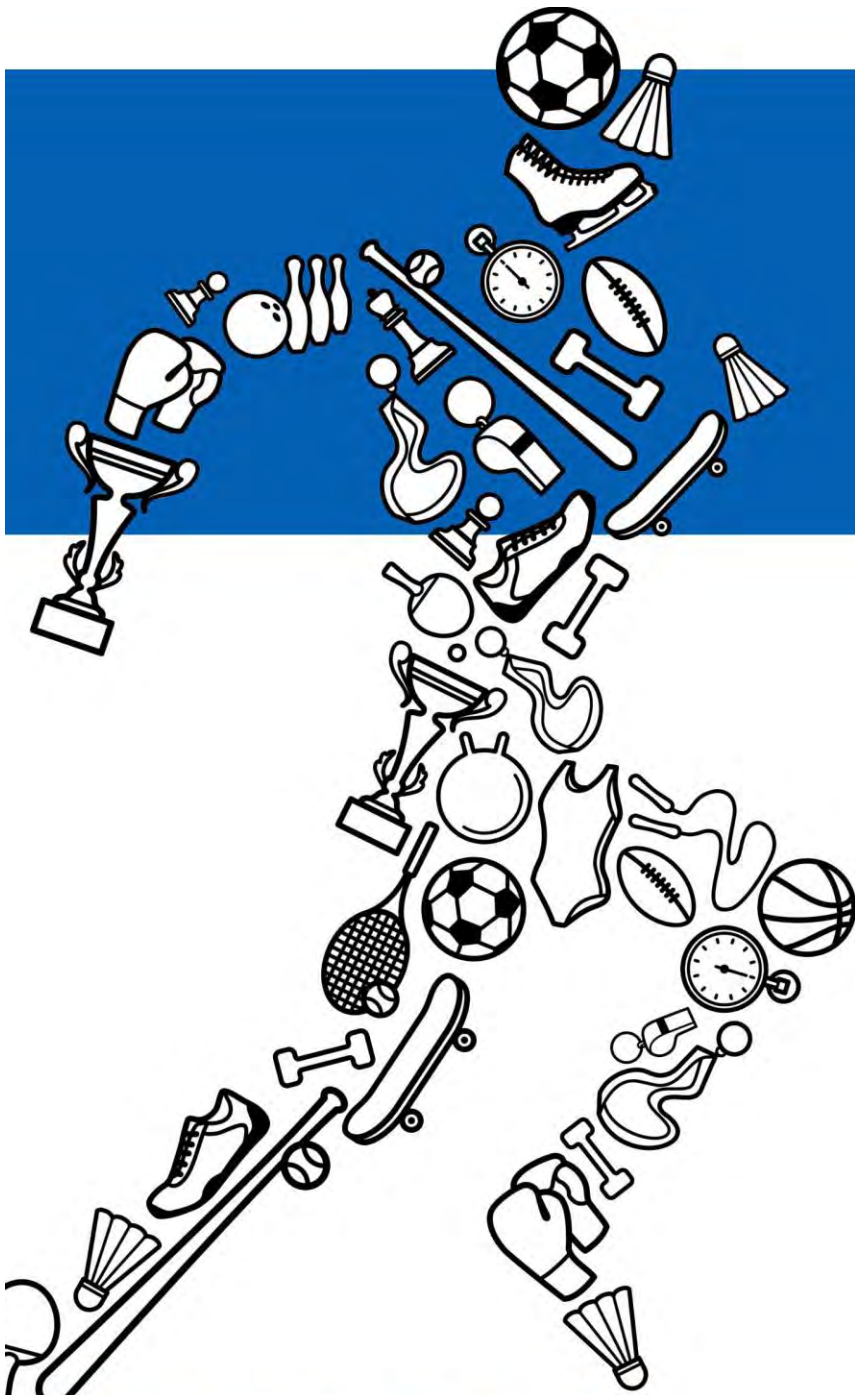


U.S. Army Child, Youth  
& School Services



# 2011-2012 YOUTH SPORTS GUIDE

# FORT BENNING YOUTH SPORTS QUICK REFERENCE

*ALL DATES, TIMES, ETC., ARE SUBJECT TO CHANGE*

SPORT	AGE	REGISTRATION	SEASON	PAGE	
<b>BASEBALL</b>		Feb 1 - 24, 2012	Mar 5 - May 19, 2012		
	T-Ball	4-5		10	
	Coach Pitch	6-8		10	
	Baseball	9-11		11	
<b>BASKETBALL</b>		Oct 17 - Nov 17, 2011	Nov 28, 2011- Feb 11, 2012		
	U8	6-8		11	
	U10	9-10		11	
	U13	11-13		11	
<b>CHEERLEADING</b>		Jul 26 - Aug 26, 2011	Sep 12 - Nov 12, 2011		
	Non-Competitive	6-10		12	
<b>FOOTBALL</b>		Jul 26 - Aug 26, 2011	Sep 12 - Nov 12, 2011		
	Flag Football	6-8		12	
	Tackle Football	9-13		13	
<b>FALL SOCCER</b>		Jul 26 - Aug 26, 2011	Sep 6 - Nov 5, 2011		
	U5	4-5		13	
	U8	6-8		13	
	U10	9-10		14	
	U13	11-13		14	
	U15	14-15		14	
<b>SPRING SOCCER</b>	U5-U15	4-15	Jan 3 -31, 2012	Feb 6 - Mar 30, 2012	14
<b>SWIM TEAM</b>	Competitive Only	11-18	Nov 1 – Dec 30, 2011	Jan - Jun, 2012	15
	Competitive Only	11-18	May 1 – Jun 30, 2012	Jul – Dec, 2012	15
<b>TRACK &amp; FIELD</b>		Feb 1 – Mar 9, 2012			
	Competitive Track & Field	8-18		Mar – Jul, 2012	15
	Non-Competitive Track & Field	8-18		Mar – Jul, 2012	15
<b>WRESTLING</b>		Oct 3 - 28, 2011			
	Competitive Wrestling Team	8-15		Nov 7, 2011 – TBA 2012	15
	Recreational Wrestling	8-15		Nov 7, 2011 – Feb 2012	16
<b>DEVELOPMENTAL SPORTS</b>					
	Baseball	3-5	Mar 12 - 23, 2012	Mar 26 - Apr 13, 2012	16
	Basketball	3-5	Oct 17 - 28, 2011	Oct 31 - Nov 18, 2011	17
	Flag Football	3-5	Jun 25 - Jul 6, 2012	Jul 9 - Jul 27, 2012	17
	Golf	3-5	Apr 16 - Apr 27, 2012	Apr 30 - May 18, 2012	17
	Fall Soccer	3-5	Jul 25 - Aug 12, 2011	Aug 15 - Sep 2, 2011	17
	Spring Soccer	3-5	Jan 23 - Feb 03, 2012	Feb 6 - 24, 2012	17
<b>FAITH MIDDLE SCHOOL SPORTS</b>			<b>TRY-OUTS</b>	<b>PRACTICES BEGIN</b>	
	Baseball	Grades 6-8	TBA	Set by Dixie League	18
	Basketball	Grades 6-8	Dec 7 - 9, 2011	Dec 12, 2011	18
	Cheerleading	Grades 6-8	Completed in May 2011	Aug 8, 2011	18
	Cross Country	Grades 6-8	N/A	Aug 8, 2011	18
	Football	Grades 6-8	Sep 15-16, 2011	Sep 19, 2011	18
	Golf	Grades 6-8	TBA	TBA	18

Soccer	Grades 6-8	Aug 12-13, 2011	Aug 15, 2011	18
Track & Field	Grades 6-8	Mar 1 - 6, 2012	Mar 7, 2012	18
Volleyball	Grades 6-8	Oct 10 - 12, 2011	Oct 13, 2011	18
Wrestling	Grades 6-8	N/A	Nov 7, 2011	18/19

---

<b>OFF-POST SPORTS</b>	Vary by League	Vary by League	Vary by League	19
------------------------	----------------	----------------	----------------	----

---

<b>SUMMER SPORTS CAMPS</b>	<b>AGES</b>	<b>REGISTRATION</b>	<b>CAMP DATES</b>	
Baseball	6-15	TBA	Jun	20
Basketball	6-15	TBA	Jun	20
Cheerleading	6-15	TBA	Jun	20
Football	6-15	TBA	Jun	20
Golf	8-17	TBA	Jun/Jul	20
Rifle	12-18	TBA	Jul	20
Soccer	4-15	TBA	Jul	21
Speed and Agility	10-18	TBA	Jul	21

---

<b>SPECIAL EVENTS</b>	<b>AGES</b>	<b>DATE</b>		
CYSS Scramble	TBA	Parent/Child Golf Tournament	November 20, 2011	21
Holidays at Riverside	Infant - 15	Visit Santa: All ages	December 8, 2011	21
Spring Eggstravaganza	Infant - 11	Egg Hunt: 18 mos. - 11 yrs	March 31, 2012	21

***ALL DATES, TIME, ETC., ARE SUBJECT TO CHANGE***

---

## **FORT BENNING YOUTH SPORTS PROGRAM PHILOSOPHY:**

The philosophy of the Child, Youth and School Services Youth Sports Program is to inspire sportsmanship, positive attitudes, self-confidence, leadership, character building and basic fundamentals. We strive to provide a fun, yet safe environment for our youth, coaches, volunteers and parents. We offer developmentally appropriate programming for children of all ages and skill levels and we believe every child has the right to participate regardless of skill or ability. We want our youth to win more than games.

## **GENERAL PROGRAM INFORMATION:**

**YOUTH SPORTS & FITNESS OFFICE:** Director, Youth Sports & Fitness Assistant Director, Youth Sports & Fitness  
FORT BENNING, CYSS, YOUTH SPORTS & Ms. Dorrie Wagner Ms. Stacy Harding  
FITNESS  
BLDG 69, BARRON AVE  
706-545-1853/3582  
M-F 0800-1630 (Hours vary based on sport season schedule)

---

**REGISTRATION:** Director, Outreach Services  
CYSS, PARENT CENTRAL REGISTRATION Ms. Megan Baumgartner  
BLDG 104, MARCHANT AVE  
706-545-2079  
M-F 0800-1700

Parents must register their child(ren) with CYSS by visiting Parent Central Registration located on Main Post. Program enrollment is on a first come first serve basis. You may also register online at [www.benningmwr.com](http://www.benningmwr.com). Registration is NOT accepted over the phone. For technical support for online registration please contact Parent Central.

### **To be eligible for CYSS programs, a child must be a dependant of:**

- an active duty service member
- a DoD Civilian employee
- a Reserve Soldier on active or inactive duty
- a DoD contractor
- a military retiree (on a space available basis)

### **The following items are required for registration:**

- Sponsor's identification card and Social Security number
- Proof of dependency for each child: MTF medical card, Tricare card or DEERS printout from Soldier's AKO
- Immunization records for each child transcribed to a Georgia Form 3231 (<http://health.state.ga.us/programs/immunization/faq.asp>)
- For DoD civilians or contractors, a copy of the birth certificate is required for each child
- LES or pay voucher for sponsor and spouse
- Health assessment or well baby check up (due within 30 days of registration)
- Contact information for two local emergency designees (name, address and phone number)
- Every youth registered in sports must provide a current copy of a Sports Physical.
  - Sports Physicals/Health Assessments MUST be updated ANNUALLY and MUST stay CURRENT through the entire sports season. Enrollment will not be granted until the CURRENT Sports Physicals/Health Assessment is received.

### **CYS Services Registration Forms**

- [Registration and Sponsor Consent Form](#)
- [Health Assessment / Sports Physical Form](#)
- [Health Screening Tool \(SNAP Form\)](#)

**LAST DAY TO GET A REFUND:** Prior to the first game. Thereafter, on a case by case basis.

## **RULES, TEAM ROSTER, REQUESTS, & AGING-UP:**

- **RULES** for each sport will be provided to the coaches prior to each season.
- **TEAM ROSTERS** are automatically sorted and balanced by age using our CYMs software. Number of players and teams is determined by how many children register.
  - If there are not enough for 4 teams in any one division that division may not be formed and refunds will be given
  - In the case of Faith Middle School (FMS) and Youth Sports (YS) recreational league, youth cannot play in two of the same sports leagues simultaneously. Ex. your child cannot FMS football and YS football concurrently.
- **REQUESTS** - CYSS Youth Sports will not honor ANY request for placement on a team.
- **CHILDREN ON THE SAME TEAM** - If your children are in the same age division they will be put on the same team. If children have different last names or to avoid oversight please make note on the enrollment form.
- **AGING-UP:** Aging up requires a waiver (to be filled out at Parent Central) and submitted for approval. With proper justification a child may not age up more than one division. By aging up your child you accept that there are inherent risks associated with aging up your child, as the level of play may be more extreme, players at that level may be more mature, skillful in the fundamentals of the sport and are older by age

## **PLAYING TIME:**

- We are here for the kids! Everyone on each team will play and everyone will play an equal amount of time on the field. Coaches use their discretion as to how to ensure the playing.
- The intent is to provide all participants equal playing time regardless of skill level or experience. It is the role of the coach to help ensure that every child plays and has a positive experience.

**PETS** are **PROHIBITED** on ALL CYSS/MWR youth sports fields and in any MWR facility (Blue, French, Youth Sports Complex, etc.)

**JEWELRY:** No jewelry (earrings, necklaces, bracelets, silly bands, watches, etc.) will be worn during practices or games. This is to help ensure the safety of all participants.

**WEATHER CONDITIONS:** CYSS will notify all coaches prior to game if there will be cancellations due to inclement weather. If you want up-to-date information on weather decisions please "LIKE" us on Facebook at <http://www.facebook.com/pages/Fort-Benning-Youth-Sports-Fitness/174053002649970>. Games will be cancelled in this league during:

- Heavy downpours
- Thunder and Lightning
- Thunderstorms
- Extreme cold
- Extreme heat
- Post closure due to inclement weather

**TEAM PHOTOS:** Individual team times will be given to coaches. (MWR Photographer: ProPhotoToGo: 706-685-2222, [www.prophototogo.com](http://www.prophototogo.com))

Parents are permitted to take photos of their youth, but at no time are allowed to sell these photos. HOWEVER, parents may not take pictures during "team photo" picture day.

**UNIFORMS** will be picked up by coaches at the coaches meeting or otherwise scheduled for pick-up.

**AWARDS POLICY:** Our program emphasizes fun, teamwork and skill building by all players. It is not about trophies and other awards. At the end of the season CYSS Youth Sports issues coaches certificates of participation to give to each player. CYSS Youth Sports will not permit any parent or child to be pressured to contribute to a collection for any purpose.

**COACH OF THE SEASON:** Do you think your child's coach did an outstanding job this season? Visit our website [www.benningmwr.com/cyss-youthsports.php](http://www.benningmwr.com/cyss-youthsports.php) to nominate them for "Coach of the Season."

## **PARENTS, VOLUNTEER COACHES & SPECTATORS:**

### **PARENTS:**

- Are required to watch the PAYS video and sign a Code of Ethics.
- Are required to attend the Parents Meeting prior to the first practice.
- You are not allowed to approach the coach and team's bench during the game. If you need to speak to the coach please wait until after the game is over. If the coach feels you acting out of line then they may direct you and your complaint to the CYSS Assistant Sports Director or Director.
- Parents/Spectators are not to address other parents, players, coaches, officials or CYSS Staff in a disrespectful or aggressive manner. If any of the above feel harassed they are advised to call the MPs at 706-545-5222.
- At least one parent **MUST BE ON-SITE** with their children as part of the CYSS policy. Please do not leave your child too early or too late before/after their schedule game or practice. We appreciate your help in this matter.
- Lead by example, teach respect by being respectful.

### **VOLUNTEER COACHES:**

- Are required to complete a background check and NAYS Certification.
- Please cooperate with the CYSS Sports Staff in creating and maintaining an environment in which each participant may have fun, is positive and can learn the game and be a good sport.
- Will refrain from using alcohol and tobacco before and during practices and games.
- Agree to support and influence good sportsmanship, high moral standards and be responsible for the conduct of their players and spectators. This includes, but is not limited to, unsportsmanlike disagreements with officials or insubordinate acts against supervisory staff.
- The CYSS Staff reserves the right to, and will, send home anyone (coaches, players & spectators) who are in violation of the rules and regulations set by the program for health, safety, and welfare of all participants.
- Are required to sign the "Coaches' Code of Ethics."
- Lead by example, teach respect by being respectful.
- Coaches may be dismissed indefinitely if CYSS Staff feels they are not adhering to mission and policies of program.

### **COACHES GAME CONDUCT:**

- May only travel within the assigned area. Coaches should not be moving all over the playing field.
- Any comments made to the referee or the staff should be made before the game, at half time, or after the game.
- Referees: The referees are in charge of the game and their decisions are FINAL. The referees may occasionally stop play for instructional purposes when necessary, and will subjectively make allowances (as discussed and set-up by the league) based on ability, for violations.
- Coaches are not to address other coaches, players, parents, officials or CYSS Staff in a disrespectful or aggressive manner. If any of the above feel harassed they are advised to call the MPs at 706-545-5222.
- Coaches are not to address players from other teams; issues should be brought directly to their coaches' attention.

### **DISCIPLINARY MEASURES BY COACHES:**

- Coaches can bench a player at anytime if they have just cause (lack of sportsmanship's, not coming to practices without calling the coach, bullying other players, throwing dirt & equipment at other players/people, etc.)
  - Notify parents immediately of issues and ask them for help in resolving them.
  - Inform the parents of the child that they are being benched for one game or sitting in timeout, etc.
- Any actions by players, coaches or parents harmful to the team/league will result in a game suspension or dismissal from the league.
- Implementation of "3-Strike" policy – if child/parent has been warned two times on the third time the child will be dismissed from the league and no refund will be given. Once warnings have been given must have documentation of incident (date, time, party involved and incident description) and submit to CYSS Youth Sports after each incident.
- Cases and incidents can be brought to the Sports Advisory Council if needed, for decision. Sports Advisory Council consists of Soldiers/Parents/Coaches/Civilians
- **In cases of serious incidents call the Fort Benning Military Police at 706-545-5222 and notify CYSS Youth Sports.**

## PARENTS & COACHES CODE OF ETHICS:



### **PARENTS' CODE OF ETHICS**

***I hereby pledge to provide positive support, care, and encouragement for my child participating in youth sports by following this Parents' Code of Ethics:***

I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice, or other youth sports event.

I will place the emotional and physical well-being of my child ahead of a personal desire to win.

I will insist that my child play in a safe and healthy environment.

I will require that my child's coach be trained in the responsibilities of being a youth sports coach and that the coach upholds the Coaches' Code of Ethics.

I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all.

I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol, and will refrain from their use at all youth sports events.

I will remember that the game is for youth – not for adults.

I will do my very best to make youth sports fun for my child.

I will ask my child to treat other players, coaches, fans, and officials with respect regardless of race, sex, creed, or ability.

I will read the National Standards for Youth Sports and do what I can to help all youth sports organizations implement and enforce them.

---

Parent Signature

Date



### **COACHES CODE OF ETHICS**

***I hereby pledge to live up to my certification as an NYSCA member coach by following the NYSCA Coaches' Code of Ethics.***

I will place the emotional and physical well-being of my players ahead of a personal desire to win.

I will treat each player as an individual, remembering the large range of emotional and physical development for the same age group.

I will do my best to provide a safe playing situation for my players.

I will promise to review and practice the basic first aid principles needed to treat injuries of my players.

I will do my best to organize practices that are fun and challenging for all my players.

I will lead by example in demonstrating fair play and sportsmanship to all my players.

I will provide a sports environment for my team that is free of drugs, tobacco, and alcohol, and I will refrain from their use at all youth sports events.

I will be knowledgeable in the rules of each sport that I coach, and I will teach these rules to my players.

I will use those coaching techniques appropriate for each of the skills that I teach.

I will remember that I am a youth sports coach, and that the game is for children and not adults.

I hereby pledge to adhere to the NYSCA Coaches Code of Ethics and fully understand if I do not uphold them

I will be held accountable for my behavior, leading up to revocation of my membership, as outlined in the Accountability and Enforcement Policies enforced by the local chapter of the National Alliance for Youth Sports.

---

Coach Signature

Date

## FIELD/FACILITY LAYOUTS

Practices and games as well as many of our summer camps are held at the following fields and facilities:

**Blue Field** – Soccer

**Briant Wells Combative Gym** (layout not provided) – Wrestling

**Briant Wells Pool** (layout not provided) – Swim Team

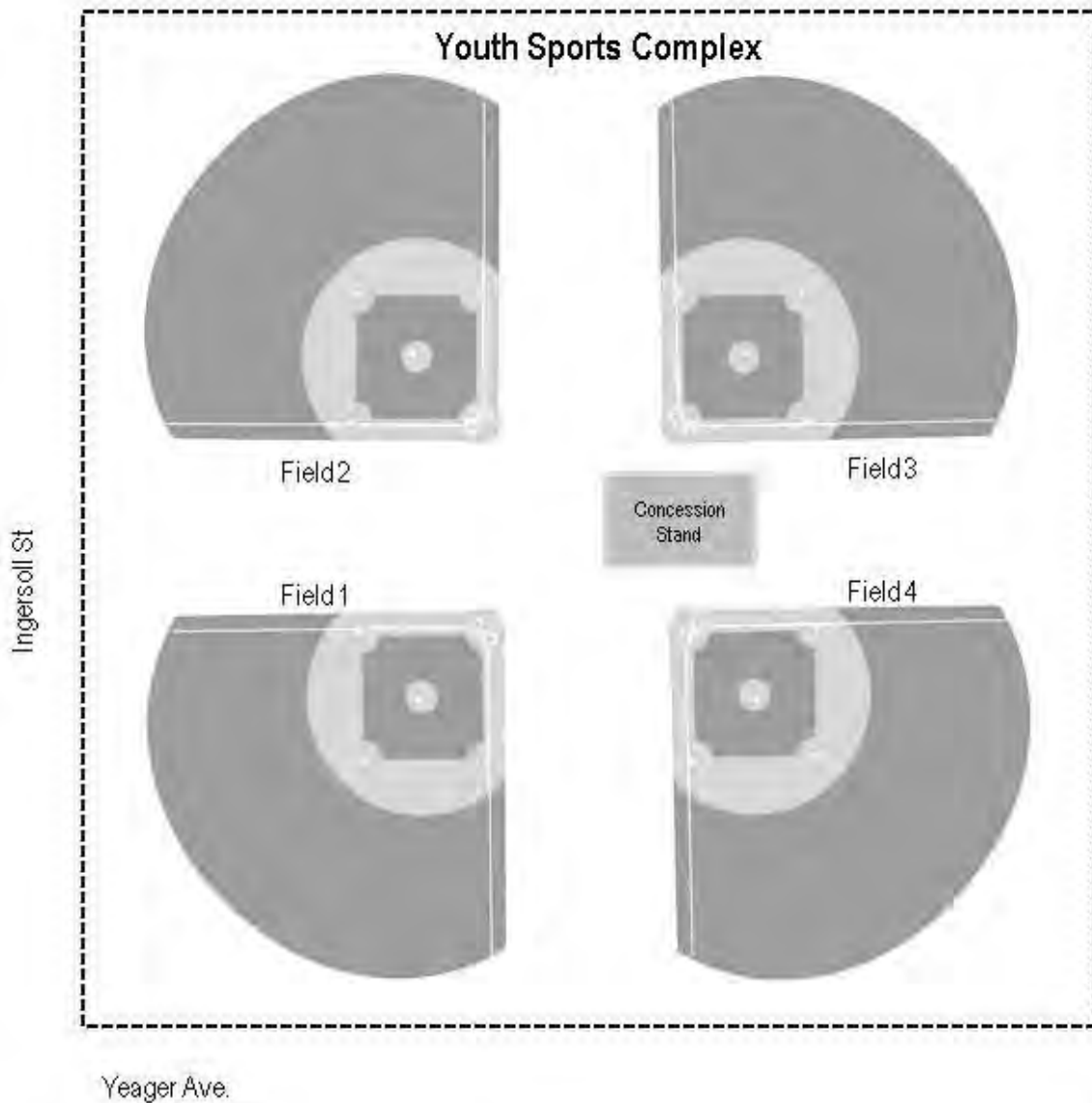
**Doughboy Stadium** (layout not provided) – FMS Games

**French Field** – Football & Cheerleading

**Stewart Field** (layout not provided) – Track & Field

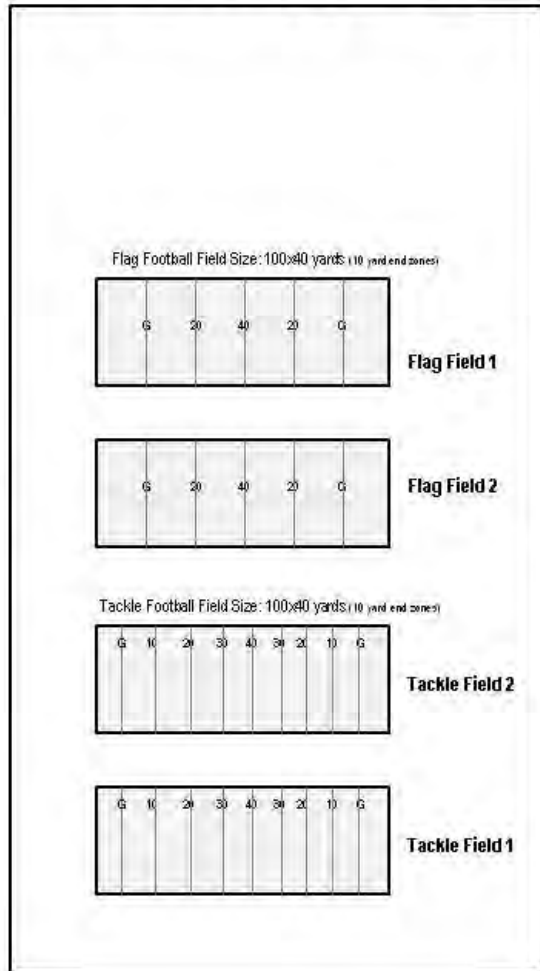
**Youth Sports Complex** – Baseball

**YS Gym Bldg 1055, McIver St** (layout not provided) – Basketball

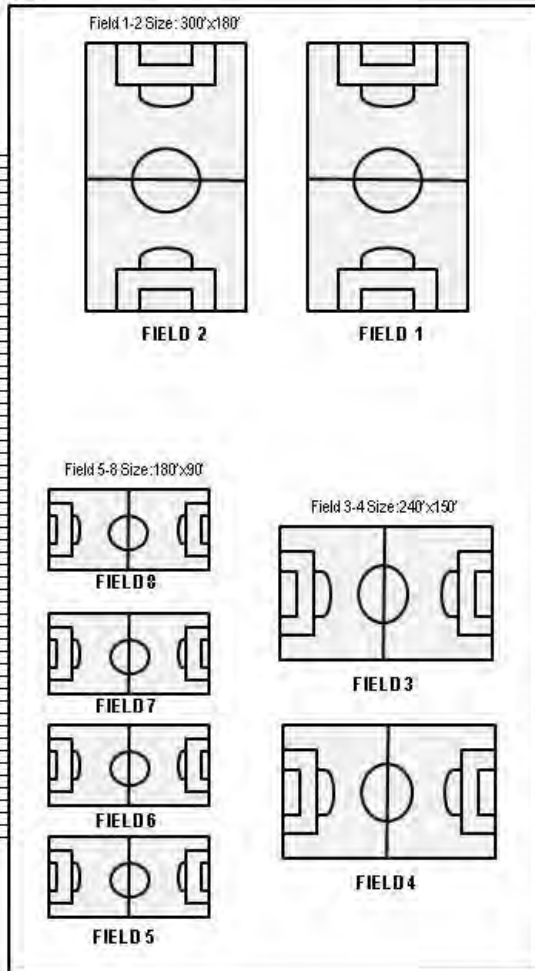


# FRENCH FIELD

# BLUE FIELD



1<sup>st</sup> Division Rd



Running Ave

Yeager Ave

Zuckerman Ave

Bjornstad St

## NOTE:

- PLEASE do not park or drive on any of our fields. Please use parking spots.
- Concessions and restrooms for football and soccer are located on Blue Field near Field 8.
- Concessions and restrooms for baseball are located in middle of complex.
- First Aid supplies can be obtained at the concession stand at either field.
- Please throw your trash in the receptacles. Please be respectful of our fields.

## BREAKDOWN OF SPORTS – IN ALPHABETICAL ORDER

### BASEBALL

#### T-BALL

##### **Noteworthy Dates:**

Feb 1 Registration Opens  
Feb 24 Registration Ends  
TBA Mandatory Parents Meeting  
Mar 5 First week of Practice  
Mar 17 Regular Season Games Begin  
Mar 31 No games due to “CYSS Spring Eggstravaganza”  
May 19 End of Season

**Fee:** \$30

**Eligibility:** Co-ed, open to youth 4-5 years old, must be 4 years old by first practice, and may not turn 6 years old prior to first practice.

**Practices:** Limited to one (1) per week for one (1) hour. Once games begin there will be no formal practice schedule. Coaches will be able to schedule one (1) practice (1) week in advance as needed throughout regular season.

**Games:** Tuesday, Thursday and Saturday

**Location for Practices and Games:** Youth Sports Complex, Field 1 (see diagram on page 8)

---

#### COACH PITCH

##### **Noteworthy Dates:**

Feb 1 Registration Opens  
Feb 24 Registration Ends  
TBA Mandatory Parents Meeting  
Mar 5 First week of Practice  
Mar 17 Regular Season Games Begin  
Mar 31 No games due to “CYSS Spring Eggstravaganza”  
May 19 End of Season

**Fee:** \$30

**Eligibility:** Co-ed, open to youth 6-8 years old, must be 6 years old by first practice, and may not turn 9 prior to first practice.

**Practices:** Limited to two (2) per week for one (1) hour. Once games begin there will be no formal practice schedule. Coaches will be able to schedule one (1) practice (1) week in advance as needed throughout regular season.

**Games:** Tuesday, Thursday and Saturday

**Location for Practices and Games:** Youth Sports Complex, Field 2 (see diagram on page 8)

## **BASEBALL**

### **Noteworthy Dates:**

Feb 1 Registration Opens  
Feb 24 Registration Ends  
TBA Mandatory Parents Meeting  
Mar 5 First week of Practice  
Mar 17 Regular Season Games Begin  
Mar 31 No games due to "CYSS Spring Eggstravaganza"  
May 19 End of Season

**Fee:** \$30

**Eligibility:** Co-ed, open to youth 9-11 years old, must be 9 years old by first practice, and may not turn 12 prior to first practice.

**Practices:** Limited to two (2) per week for one (1) hour. Once games begin there will be no formal practice schedule. Coaches will be able to schedule one (1) practice (1) week in advance as needed throughout regular season.

**Games:** Tuesday, Thursday and Saturday

**Location for Practices and Games:** Youth Sports Complex, Field 3 (see diagram on page 8)

---

## **BASKETBALL**

### **U8-U13**

#### **Noteworthy Dates:**

Oct 17 Registration Opens  
Nov 17 Registration Ends  
TBA Mandatory Parents Meeting  
Nov 28 First week of Practice  
Dec 10 Regular Season Games Begin  
Feb 11 End of Season

**Fee:** \$25

#### **Eligibility:**

- **U8:** Co-ed, open to youth 6-8 years old, must be 6 years old by first practice, and may not turn 9 prior to first practice.
- **U10:** Co-ed, open to youth 9-10 years old, must be 9 years old by first practice, and may not turn 11 prior to first practice.
- **U13:** Co-ed, open to youth 11-13 years old, must be 11 years old by first practice, and may not turn 14 prior to first practice.

**Practices:** Limited to two (2) per week for one (1) hour.

**Games:** Saturday

**Location for Practices and Games:** CYSS Youth Gym, Bldg 1055, McIver Ave.

## CHEERLEADING

### CHEER SQUADS

#### **Noteworthy Dates:**

Jul 26 Registration Opens  
Aug 26 Registration Ends  
Aug 27 Mandatory Parents Meeting at 4 PM, Bldg 1055  
Sep 12 First week of Practice  
Sep 24 Regular Season Games Begin  
Nov 12 End of Season

**Fee:** \$25

**Eligibility:** Co-ed, open to youth 6-10 years old, must be 6 years old by first practice, and may not turn 11 prior to first practice.

**Practices:** Limited to two (2) per week for one (1) hour.

**Games:** Saturday (during tackle football games)

**Location for Practices and Games:** French Field (see diagram on page 9)

---

## FOOTBALL

### FLAG

#### **Noteworthy Dates:**

Jul 26 Registration Opens  
Aug 26 Registration Ends  
Aug 27 Mandatory Parents Meeting at 4 PM, Bldg 1055  
Sep 12 First week of Practice  
Sep 24 Regular Season Games Begin  
Nov 12 End of Season

**Fee:** \$25

**Eligibility:** Co-ed, open to youth 6-8 years old, must be 6 years old by first practice, and may not turn 9 prior to first practice.

**Practices:** Limited to two (2) per week for one (1) hour.

**Games:** Saturday

**Location for Practices and Games:** French Field (see diagram on page 9)

## **TACKLE FOOTBALL**

### **Noteworthy Dates:**

Jul 26 Registration Opens  
Aug 26 Registration Ends  
Aug 27 Mandatory Parents Meeting at 4 PM, Bldg 1055  
Sep 6-9 Conditioning Clinic  
Sep 12 First week of Practice  
Sep 24 Regular Season Games Begin  
Nov 12 End of Season

**Fee:** \$60

### **Eligibility:**

- **U10:** Co-ed, open to youth 9-10 years old, must be 9 years old by first practice, and may not turn 11 prior to first practice.
- **U13:** Co-ed, open to youth 11-13 years old, must be 11 years old by first practice, and may not turn 14 prior to first practice.

**Practices:** Limited to two (2) per week for one (1) hour.

**Games:** Saturday

**Location for Practices and Games:** French Field (see diagram on page 9)

---

## **SOCCER**

### **FALL 2011**

#### **U5 – U13**

### **Noteworthy Dates:**

Jul 26 Registration Opens  
Aug 26 Registration Ends  
Aug 27 Mandatory Parents Meeting at 5 PM, Bldg 1055  
Sep 6 First Week of Practice  
Sep 17 Regular Season Games Begin  
Nov 5 End of Season

**Fee:** \$25

### **Eligibility:**

- **U5:** Co-ed, open to youth 4-5 years old, must be 4 years old by first practice, and may not turn 6 prior to first practice.
- **U8:** Co-ed, open to youth 6-8 years old, must be 6 years old by first practice, and may not turn 9 prior to first practice.

- **U10:** Co-ed, open to youth 9-10 years old, must be 9 years old by first practice, and may not turn 11 prior to first practice.
- **U13:** Co-ed, open to youth 11-13 years old, must be 11 years old by first practice, and may not turn 14 prior to first practice.

**Practices:** Limited to two (2) per week for one (1) hour.

**Games:** Saturday

(It is possible that some games may be played during the week)

**Location for Practices and Games:** Blue Field (see diagram on page 9)

## **SPRING SOCCER 2012**

### **U8 – U13**

#### **Noteworthy Dates:**

Jan 3 Registration Opens

Jan 31 Registration Ends

TBA Mandatory Parents Meeting

Feb 6 First Week of Practice

Feb 18 Regular Season Games Begin

Mar 30 End of Season (Games will be played Mar 26-30 during the week and no practices will be held)

**Eligibility, Practices, Games and Location see “Fall 2011”**

---

## **SWIM TEAM**

### **COMPETITIVE**

#### **Noteworthy Dates 2011/2012:**

Nov 1 Registration Opens

Dec 31 Registration Ends

TBA Mandatory Parents Meeting

Jan First Practice

TBA Competitions Begin

Jun End of Season

#### **Noteworthy Dates 2012:**

May 1 Registration Opens

Jun 30 Registration Ends

TBA Mandatory Parents Meeting

Jul First Practice

TBA Competitions Begin

Dec End of Season

**Fee:** \$60

**Eligibility:** Co-ed, open to youth 11-18 years old, must be 11 years old by first practice, and may not turn 19 prior to first practice.

**Practices:** Limited to three (3) per week for two (2) hours.

**Competitions:** TBA

**Location for Practices:** Briant Wells Pool

**NOTE:** Competitive participants will be expected to fund their own travel and competition expenses.

## TRACK & FIELD

### COMPETITIVE & NONCOMPETITIVE

#### **Noteworthy Dates:**

Feb 1 Registration Opens  
Mar 9 Registration Ends  
TBA Mandatory Parents Meeting  
TBA First Practice  
TBA Competitive Meets  
Jul End of Season for Non-competitive  
Aug End of Season for Competitive (for those who make it to Junior Nationals)

**Fee:** \$25

**Eligibility:** Co-ed, open to youth 8-18 years old, must be 8 years old by first practice, and may not turn 19 prior to first practice.

**Practices:** Limited to three (3) per week for two (2) hours.

**Competitions:** TBA

**Location for Practices and Games:** Stewart Field

**NOTE:** Competitive participants will be expected to fund their own travel and competition expenses and competitive participants will be responsible for funding their own AAU membership fee (approx. \$25).

---

## WRESTLING

### COMPETITIVE

#### **Noteworthy Dates:**

Oct 3 Registration Opens  
Oct 28 Registration Ends  
TBA Mandatory Parents Meeting  
Nov 7 First Practice  
TBA Competitions Begin  
TBA End of Season

**Fee:** \$30

**Eligibility:** Co-ed, open to youth 8\* - 15 years old, must have at least one year competitive wrestling experience to enroll. \*May accept some 6-7 year olds with competitive experience. Please call the Youth Sports Office to discuss. Must be minimum age by first practice.

**Practices:** Limited to three (3) per week for two (2) hours.

**Competitions:** TBA

**Location for Practices:** Briant Wells Combative Gym

**NOTE:** Competitive participants will be expected to fund their own travel and competition expenses and competitive participants will be responsible for funding their own USA Wrestling membership fee (approx. \$35).

## **RECREATIONAL**

### **Noteworthy Dates:**

Oct 3 Registration Opens  
Oct 28 Registration Ends  
TBA Mandatory Parents Meeting  
Nov 7 First Practice  
Feb End of Season

**Fee:** \$30

**Eligibility:** Co-ed, open to youth 8 – 15 years old, must be 8 by first practice, and may not turn 16 prior first practice.

**Practices:** Limited to three (3) per week for two (2) hours.

**Competitions:** N/A, inter-squad matches only

**Location for Practices:** Briant Wells Combative Gym

---

---

## **DEVELOPMENTAL SPORTS**

**What are Developmental Sports?** “Created by the National Alliance for Youth Sports, help kids get ready for sports...and succeed in life. It is an innovative step-by-step approach that builds confidence and self-esteem in a fun and safe sports environment. Each Start Smart Program utilizes the Start Smart Sports Readiness Test to help parents objectively measure kids’ abilities. As the program progresses and children show improvement, the skills and exercises are altered so that each child remains challenged. Parents spend quality time together with their child while learning how to properly teach and support them in sports” - [www.nays.org](http://www.nays.org)

**Fee:** \$20

**Noteworthy Dates:** SEE BELOW

**Eligibility:** Co-ed, open to youth 3 – 5 years old, must be 3 years old by first session day, and may not turn 6 prior to first session.

**Meeting Sessions:** Limited to three (3) per week for one (1) hour, meet on Monday, Wednesday and Friday (unless otherwise advised i.e. make-up due to holiday), for a three week session.

**Location:** CYSS Youth Sports Gym, Bldg 1055, McIver St (unless otherwise noted on receipt).

## **BASEBALL 2012**

Mar 12 Registration Opens  
Mar 23 Registration Ends

Mar 26 First day of session

Apr 13 End of session

Developmental baseball prepares children and their parents for organized baseball and softball without the threat of competition or the fear of getting hurt. Age appropriate equipment is used in teaching throwing, catching, batting, running and agility.

### **BASKETBALL 2011**

Oct 17 Registration Opens

Oct 28 Registration Ends

Oct 31 First day of session

Nov 18 End of session

Developmental basketball teaches children the basic motor skills necessary to play organized basketball. The program focuses on teaching children skills in dribbling/ball handling, passing/catching, shooting and running/agility without the threat of competition or the fear of getting hurt.

### **FLAG FOOTBALL 2012**

Jun 25 Registration Opens

Jul 6 Registration Ends

Jul 9 First day of session

Jul 27 End of session

Developmental flag football teaches children the basic motor skills necessary to play organized flag football. The program focuses on teaching children the proper skills for throwing, catching, kicking/punting, and running/agility without the threat of competition or the fear of getting hurt.

### **GOLF 2012**

Apr 16 Registration Opens

Apr 27 Registration Ends

Apr 30 First day of session

May 18 End of session

Developmental golf prepares children for traditional golf without the threat of competition or the fear of failure. The program focuses on teaching children the proper technique for putting and driving.

### **FALL SOCCER 2012**

Jun 25 Registration Opens

Aug 12 Registration Ends

Aug 15 First day of session

Sep 2 End of session

Developmental soccer prepares children for traditional soccer without the threat of competition or the fear of failure. The program focuses on teaching children the proper skills for kicking, dribbling, trapping, throw-ins and agility.

### **SPRING SOCCER 2012**

Jan 23 Registration Opens

Feb 03 Registration Ends

Feb 06 First day of session

Feb 23 End of session

## FAITH MIDDLE SCHOOL (FMS) SPORTS

### FMS Athletic Director:

Ms. Cindy Givens

[cindy.givens@am.dodea.edu](mailto:cindy.givens@am.dodea.edu)

706-544-5766

### Eligibility:

Co-ed, open to youth grades 6 – 8 and a CYSS Member. Your child must first try-out for the team, if they make the team they will need to obtain their CYSS membership and enroll in the program.

### FMS After School Activity Participation Requirements:

- Academic Achievement: Maintain a 2.0 (C average) with no failing grades on progress reports or report cards. This includes ALL classes.
- Behavior: Students receiving a suspension from school (OSS or ISS) are suspended from participating in all athletic activities to include practices and games for 1 week or the duration of the suspension, whichever is longer. Cheerleaders receiving a disciplinary referral will be dealt with individually.
- Attendance (SCHOOL): Students must be present at school for at least ½ day (4 periods) to participate in athletic activities to include practices and games.
- Attendance (ATHLETICS): Students will receive a warning after the 1<sup>st</sup> unexcused absence and removal from the activity after the 2<sup>nd</sup> unexcused absence.

**Sports through Dixie League:** Baseball

**Sports through Muscogee County School District (MCS D) System-wide Athletics:** Basketball, Cheerleading, Football, Soccer, Track & Field and Volleyball.

SPORTS	TRY-OUTS	PRACTICES BEGIN	REGULAR SEASON
Baseball	TBA	TBA	Set by Dixie League Sched.
Basketball	Dec 7 - 9, 2011	Dec 12, 2011	Jan 19, 2012 – Feb 28, 2012
Cheerleading	Completed May 2011	Aug 8, 2011	Oct 6, 2011 – Nov 17, 2011
Cross Country	N/A	Aug 8, 2011	TBA
Football	Sep 15-16, 2011	Sep 19, 2011	Oct 6, 2011 – Nov 17, 2011
Golf	TBA	TBA	TBA
Soccer	Aug 12-13, 2011	Aug 15, 2011	Aug 23, 2011 – Sep 23, 2011
Track and Field	Mar 1 - 6, 2012	Mar 7, 2012	Mar 22, 2012 – Apr 27, 2012
Volleyball	Oct 10 - 12, 2011	Oct 13, 2011	Oct 25, 2011 – Dec 6, 2011
Wrestling	N/A	Nov 7, 2011	Nov 7, 2011 – Feb 2012

SPORTS	HEAD COACH	PRACTICE TIME	PRACTICE LOCATION
Baseball	Lee Obie	TBA	CYSS Youth Sports Complex
Basketball - Girls	Micki Rains		FMS Gym
Basketball - Boys	Karl Ivey		FMS Gym
Cheerleading	Trina Freeman		FMS Gym
Cross Country	Scott Gilpatrick	T/Th 1630-1730 & Sat 0900-1000	FMS
Football	Lee Obie		French Field
Golf	TBA		TBA
Soccer - Girls	Tammy Donahue		Blue Field
Soccer - Boys	Eduardo Ramos		Blue Field
Track and Field	Adrianna Bivens		Stewart Field
Volleyball	Sheri Coreano		CYSS Youth Gym

**Other sports offered:**

Golf (Tentative)

Wrestling (Enroll with CYSS Youth Sports Competitive Wrestling Team, fee associated)

**NOTE:** All participants must have a current sports physical and be registered member of CYSS prior to participation in any sport. Other registration requirements may be deemed necessary and this information will be announced as applicable.

## OFF-POST COMPETITIVE SPORTS

**Background:** CYSS Youth Sports offers a variety of competitive sports that compete off post in various different leagues. These leagues are not to be confused with Faith Middle School programs. The guidelines are set by the league the team is affiliated with. This includes the formation and implementation of the rules/regulations, age cut-off, registration dates and schedules. Not every team may be formed each season due to lack of interest or lack of volunteer coaches.

**SPORTS:****CHATAHOOCHEE LITTLE LEAGUE**

[www.ugoccc.us/recreation/little\\_league.asp](http://www.ugoccc.us/recreation/little_league.asp)

**“B” Ball****Eligibility:** Co-ed, 8-10 yr olds**Fee:** TBA**Practices:** TBA**Try-out Dates:** TBA**Roster Limits:** 15**“A” Ball Co-ed, 10-12****Eligibility:** Co-ed, 10-12 yr olds**Fee:** TBA**Practices:** TBA**Team work-out:** TBA**Roster Limits:** 15**COLUMBUS YOUTH FOOTBALL LEAGUE:**

[www.columbusyfl.com](http://www.columbusyfl.com)

**Bengals Tackle Football****Eligibility:** Co-ed, 9-10 yr olds**Fee:** TBA**Practices:** TBA**Team work-out:** Jul 19 – 20, 2011 from 6–8 p.m., Youth Sports Complex**Roster Limits:** 32 players**Bengals Cheerleading Squad****Eligibility:** Co-ed, 9-11 yr olds**Fee:** TBA**Practices:** TBA**Squad work-out:** TBA**Roster Limits:** 20

**NOTE:** All participants must have a current sports physical and be registered through CYSS prior to participation in any sport. Other registration requirements may be deemed necessary and this information will be announced as applicable.

## SUMMER SPORTS CAMPS

We offer a variety of sports camps during the months of June and July. We expect to offer the following camps in summer 2012. Stay tuned to [www.benningmwr.com](http://www.benningmwr.com) for the most up to date information or "LIKE" us on Facebook at <http://www.facebook.com/pages/Fort-Benning-Youth-Sports-Fitness/174053002649970>.

**Fee Range:** \$30 - \$50

**2012 CAMPS (anticipated):**

### **BASEBALL**

**Eligibility:** Co-ed, open to youth ages 6 - 15, must be 6 prior to first day of session.

**Sessions:** Limited to three (3) per days for three (3) hours per day

**Location:** CYSS Youth Sports Complex

**Fee:** TBA

### **BASKETBALL**

**Eligibility:** Co-ed, open to youth ages 6 - 15, must be 6 prior to first day of session.

**Sessions:** Limited to five (5) per days for three (3) hours per day

**Location:** CYSS Youth Sports Gym

**Fee:** TBA

### **CHEERLEADING**

**Eligibility:** Co-ed, open to youth ages 6 - 15, must be 6 prior to first day of session.

**Sessions:** Limited to five (5) per days for two (2) hours per day

**Location:** TBA

**Fee:** TBA

### **FOOTBALL**

**Eligibility:** Co-ed, open to youth ages 6 - 15, must be 6 prior to first day of session.

**Sessions:** Limited to five (5) per days for three (3) hours per day

**Location:** Blue Field

**Fee:** TBA

### **GOLF**

**Eligibility:** Co-ed, open to youth ages 8 - 17, must be 8 prior to first day of session.

**Sessions:** Limited to five (5) per days for two (2) hours per day

**Location:** TBA

**Fee:** TBA

### **RIFLE**

**Eligibility:** Co-ed, open to youth ages 12 - 18, must be 12 prior to first day of session.

**Sessions:** TBA

**Location:** TBA

**Fee:** TBA

### **SOCCER**

**Eligibility:** Co-ed, open to youth ages 4 - 15, must be 4 prior to first day of session.

**Sessions:** Limited to five (5) per days for three (3) hours per day

**Location:** Blue Field

**Fee:** TBA

## **SPEED & AGILITY**

**Eligibility:** Co-ed, open to youth ages 10 - 18, must be 10 prior to first day of session.

**Sessions:** TBA

**Location:** Blue Field

**Fee:** TBA

---

## **SPECIAL EVENTS**

CYSS Youth Sports & Fitness also offers special events each year.

**CYSS Scramble:** Scheduled for November 20, 2011. Pair up Father/Daughter, Father/Son, Mother/Daughter or Mother/Son to compete in a family friendly golf outing. Is your parent deployed? No worries we have Soldiers ready to "adopt" a child for the day so they may compete in the tournament. "LIKE" us on Facebook for up-to-date information on this event.

**Santa at Riverside:** Scheduled for December 8, 2011. This Family friendly event draws over 2,000 people each year. The location is the lawn at Riverside. Activities include door prizes, games, free snacks and hot chocolate, and the traditional visits with Santa open to all ages

**Spring Eggstravaganza:** Scheduled for March 31, 2012. This Family friendly event is historically held on a Saturday the week prior to Easter Sunday, drawing more than 3,000 people. The location is the lawn at Riverside (the Commanding General's house). Activities include face painting, door prizes, games, bouncers, and visits with the Easter Bunny and the traditional Easter Egg Hunt for youth ages 18 months to 11 years.

---

LOOK for more MWR special events and other activities/programs/sports by visiting [www.benningmwr.com](http://www.benningmwr.com)



<http://www.facebook.com/pages/Fort-Benning-Youth-Sports-Fitness/174053002649970>